

Seeking help is a **sign of strength.**

CSU Health Network has
a wide range of services
and resources to
**support your mental
health and well-being.**

health.colostate.edu/mhwb-resources





Mental Health & Well-Being Resources for Students





**WE
ARE
CSU**

Diversity,
Inclusion, &
Belonging
Module



**COLORADO STATE
UNIVERSITY**

Visit **RamWeb** and click on the Diversity & Inclusion link in the menu to access the module and learn about identity, bias and community.